

ENHANCING PERSONAL EFFECTIVENESS



with
Mandy Kotzman, Ph.D.,
Certified Life Coach

Improve your life and those around you by
combining self-knowledge with the skills
to interact positively and creatively with others

based on "**Listen to Me, Listen to You**"
by Anne Kotzman and Mandy Kotzman

Four-part Program:-

July 13 "Get to Know and Like Yourself Better"
July 20 "Powerful Listening"
July 27 "Artful self-assertion"
Aug 3 "Eight-step conflict management"

Register at www.fcgov.com/recreator, course # 84521
\$44 member, \$52 nonmember

Jointly offered through
Creative Pursuits LLC & City of Fort Collins Recreation Program
6:30-8:30 pm Fort Collins Senior Center

The city of Fort Collins will make all reasonable accommodations for access to City services, programs and activities and will make special communication arrangements for persons with disabilities. Please call 224-6047 for assistance, TDD/TTY 224-6002.



www.creativepursuits.net - 970 224-4549

