

Designing life

Are you struggling
with your
New Year's resolutions?

INTENTIONS ACTIONS

See how you can enhance the probability of success
with your goals!

- Get specific - what is it exactly?
- Prioritize - what matters, really?
- Be creative - how? And how else?
- 'Doable' - big journeys are made of small steps
- What's easy - for you?

Wednesday January 16th 6:30-8:30 p.m. - Ft. Collins Senior Center.
(bring something to write with and on)
Call (970) 221 6640 or www.fcgov.com/recreator
Course #14519-01; \$15 per person.

Jointly offered by:

Creative Pursuits LLC & City of Fort Collins Recreation Program

The city of Fort Collins will make all reasonable accommodations for access to City services, programs and activities and will make special communication arrangements for persons with disabilities. Please call 224-6047 for assistance, TDD/TTY 224-6002.



Make it easier and more fun to discover
or achieve the things you really want -
Engage a life coach!
More information at (970) 224 4549 or
www.creativepursuits.net

